

HOLY TRINITY ANNUAL INVITATIONAL MEET
SCHEDULE OF EVENTS

The first events start at 9:00am. We hope to finish approximately 4:30pm.

All athletes will be issued a number that must be worn on the front of their shirt for all events.

For the hurdle events the boys will compete first followed immediately by the girls.

GIRLS	TRACK EVENTS All track events (except hurdles) will follow: Girls Gr6, Boys Gr6, Girls G7, Boys G7, Girls G8, Boys G8	BOYS
9:00	BOYS & GIRLS Hurdles 80mH - 2-3 timed sections in each age group hurdle height is 2'6", distance to first hurdle is 12m, distance b/w 8m. All boys first, then all girls.	9:00
9:45	600m/800m	12:30
10:15	Dash Heats 80m/100m	1:00
10:45	400m (1 lap)	1:30
11:15	1200m/1500m (3/3.75 laps)	2:00
12:00	Dash Finals 80m/100m	2:45
3:30	Sprint Relays/Co-Ed Medley Relays	3:15

GIRLS	FIELD EVENTS			BOYS
	GRADE 6	GRADE 7	GRADE 8	
12:30	High Jump & Javelin	Triple Jump	Discus	9:15
1:10	Discus	High Jump & Javelin	Triple Jump	9:55
1:50	Triple Jump	Discus	High Jump & Javelin	10:35
2:30	Shot Put	Long Jump	Long Jump	11:15
3:10	Long Jump	Shot Put	Shot Put	11:55

All discus events use 750gm discus. Shot put is 6lbs. Javelin will use Turbojavs.

We are only estimating the time it will take to complete each event so the schedule is subject to change. Please help us by ensuring that your athletes are aware of what events they are in and when they are. If the schedule changes during the day keep them informed. We will go a little ahead of schedule if at all possible.